

Christina Keim, M.Ed., M.F.A., CYT-200

*Author, Equestrian, Educator
Founder and Principal Horseman, Cold Moon Farm, Rochester, NH*

Christina Keim is a popular clinician, judge, and United States Pony Club National Examiner who specializes in teaching and promoting compassionate horsemanship. She has an extensive background in hunter seat equitation, dressage, eventing, and distance riding. A certified yoga instructor, she also enjoys blending yoga philosophy and practice with the study of horsemanship through her Equestrian Yoga and Mounted Mindfulness clinics.



Most of Christina's proudest equestrian accomplishments have come aboard horses she partially or wholly developed herself. But equally important has been helping her students to achieve their own goals, particularly through encouraging them to pursue compassionate horsemanship principles every day. Her instruction focuses on improving the quality of relationship and connection between horse and rider through adherence to classical principles. She is a U.S. Equestrian Federation "R" Connemara judge, a U.S. Dressage Federation "L" program graduate and bronze medalist, and a U.S. Pony Club graduate B-EV/H-A. Christina currently serves as the president of the NH Horse Council, co-chair of the USPC Examiners Committee, and is on the USPC Horse Welfare Task Force.

Christina is the author of *Unwanted: the Causes and Effects of America's Horse Population Crisis* (Trafalgar Square, 2025), and with Sally Batton, the co-author of *Equicize* (Trafalgar Square, 2024) and *The Athletic Equestrian* (Trafalgar Square, 2022).

Christina is the founder, owner, and principal horseman at Cold Moon Farm, LLC, a working horse farm dedicated to promoting sustainable living, conservation and the highest standards of compassionate horsemanship.

www.coldmoonfarm.org

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